

Mamma Mia's Trattoria Express

DINNER

561-509-0925
7410 W. Boynton Beach Blvd
Boynton Beach, FL 33437

PRIMI

Calamari Fritti

Fried calamari with basil marinara 14
Or with our signature Bada Bing sauce 15
Sautéed in a white wine sauce or diablo sauce 14

Mussels Red or White

Fresh mussels in a garlic, basil, marinara 14
or in a garlic, basil, lemon white wine sauce 14

Mozzarella Caprese

Fresh mozzarella, sliced tomatoes, roasted peppers, kalamata olives, basil, garlic & balsamic glaze over arugula 14

Crispy Mozzarella

Freshly breaded grande mozzarella, fried golden brown, served with marinara 11

Bada Bing Shrimp

Crispy shrimp with fresh basil chili sauce 12

Antipasto

Genoa salami, ham, provolone, artichokes, kalamata olives, roasted red peppers & pepperoncinis 14

JUMBO WINGS

Mild - Hot - BBQ - Bada Bing - Pecorino & garlic
served w/ blue cheese & celery

(10) 14 / (20) 28 / (30) 42 / (50) 56

ZUPPA

Minestrone

Italian mixed vegetable soup Cup 6 Bowl 9

Pasta Fagioli

Cannellini beans, ditalini pasta & bacon Cup 6 Bowl 9

INSALATA

Trattoria Chopped

Romaine, cucumbers, chickpeas, onions, tomatoes & kalamata olives
Sm 6 Lg 12

Nuts About Salad

Romaine, tomatoes, candied walnuts, mandarin oranges & gorgonzola
Sm 8 Lg 14

Caesar

Romaine, croutons & pecorino romano Sm 6 Lg 12

Greek

Romaine, cucumber, onions, chickpeas, tomatoes, feta cheese,
kalamata olives & pepperoncinis Sm 7 Lg 14

SIDES

- (3) Meatballs 8
- Side pasta w/ sunday sauce 7
- Steamed or sautéed spinach & garlic 8
- Steamed or sautéed broccoli & garlic 8
- (12) House signature garlic rolls w/sunday sauce 6
- Mixed vegetables 7
- Penne alla Vodka 11
- Alfredo 11

HOUSE SPECIALTIES

Served over penne pasta or a side of vegetables. Choice of soup or salad & 2 garlic rolls. Substitute whole wheat or gluten free pasta 2.

Choose Chicken 18 / Veal 20 / Shrimp 21

Choose

FRANCESE egg battered, pan seared in a lemon butter white wine sauce

MARSALA sautéed mushrooms & onions in a sweet marsala wine sauce

CACCIATORE roasted peppers, mushrooms, onions in a garlic marinara sauce

PUTTANESCA onions, garlic, capers, kalamata olives in basil marinara sauce

PICATTA capers, onions in a white wine lemon sauce

SALMON puttanesca, picatta or grilled with veggies 27

ENTREES

All entrees are served with a soup or salad & 2 garlic rolls.

Spaghetti & Meatballs

Meatballs in sunday sauce served over spaghetti 16

Baked Ziti

Penne pasta tossed with sunday sauce, a three cheese blend of ricotta, mozzarella & pecorino romano 16

Spaghetti Bolognese

Meat sauce, peas, onions, touch of cream, tossed with spaghetti 17

Penne alla Vodka

Prosciutto, garlic in a vodka infused pink sauce 18

Sausage & Peppers

Sweet Italian sausage, caramelized onions & roasted bell peppers in marinara 17 add cheese 1

Lasagna

Meat lasagna with ricotta, mozzarella & sunday sauce 17

Fettuccine Alfredo

Cream sauce with pecorino romano, garlic 17
add chicken 5 add shrimp 10

Linguine with White Clam Sauce

Baby clams, garlic, white wine, EVOO 20

Sausage Calabrese

Sweet Italian sausage with onions, mushrooms, peppers, potatoes in a white wine sauce 18

Penne Chicken & Broccoli

Chicken, sun-dried tomatoes, broccoli, garlic & oil over a bed of penne pasta 18

Mussels Marinara

Fresh mussels in marinara sauce over linguine 19

Seafood Mamma Mia

Mussels, clams & shrimp in marinara. Served over linguine 29

PARMIGIANA

Served with soup or salad over a choice of penne pasta or vegetables with (2) garlic rolls

Substitute whole wheat or gluten free pasta 2

Lightly breaded, topped with sunday sauce, pecorino romano, mozzarella

Chicken 18 / Veal 21 / Shrimp 22 / Eggplant 16

Eggplant Rollatini

Baked eggplant rolled with ricotta topped with sunday sauce & mozzarella 17

Eggplant Mamma Mia

Baked, layered with spinach, tomato, ricotta topped with sunday sauce & mozzarella 18

SUBS

Served with fries or penne pasta, substitute soup or salad for 2.50

Milano

Chicken cutlet, fresh mozzarella, tomato, roasted red peppers, basil, balsamic glaze 14

Sausage & Peppers

Sweet italian sausage, bell peppers, onion, marinara 12 add cheese 1

Italian

Citterio ham, genoa salami, aged provolone, lettuce, tomato, onion, red wine vinegar 12

Parmigiana

Topped with sunday sauce, pecorino romano, mozzarella

Meatballs 12 / Eggplant 11 / Sausage 12

Chicken cutlet 13 / Veal cutlet 14 / Shrimp 16

Grilled Chicken (Joey's Way)

Lettuce, tomatoes, onions, oil, red wine vinegar, salt, pepper, oregano, provolone cheese 12 add bacon 1

CREATE YOUR OWN PIZZA

Start with Pizza sauce & Grande Mozzarella cheese

Brick Oven Pizza	Small	Large	XL	Sicilian
"New York Water" pizza dough with Pizza sauce & cheese	12" 13	16" 16	18" 18	16x16" 20
ADDITIONAL REGULAR TOPPINGS				
Half pie (each)	.75	1.5	2	2
Whole pie (each)	1.25	2	2.5	2.5
ADDITIONAL PREMIUM TOPPINGS				
Half pie (each)	1.5	2	2.25	2.25
Whole pie (each)	2	2.5	3	3

Regular Toppings

pepperoni, meatball, sausage, bacon, onions, spinach, broccoli, mushrooms, mixed peppers, eggplant, black olives, anchovies, diced tomatoes, basil, hot cherry peppers, salami, ham, pineapple, garlic

Premium Toppings

extra cheese, sun-dried tomatoes, artichoke hearts, roasted red peppers, prosciutto, roasted garlic

chicken (cutlet or grilled) 5
fresh mozzarella 5

SICILIAN

The Brooklyn "Upside Down" Sicilian Pan pizza, mozzarella, pecorino romano, oregano, pizza sauce

21

Grandma's Pie Thin crust, Sicilian style layered with fresh mozzarella, pecorino romano, marinara sauce

25

My Cousin Vinny Grandma's sauce, mozzarella, garlic, basil, EVOO

25

BBQ Chicken Caramelized onion, chicken cutlets, BBQ sauce, mozzarella

18 22 25 28

Buffalo Chicken (spicy) Breaded chicken cutlet, blue cheese, buffalo sauce, mozzarella

18 22 24 27

Chicken Parmigiana Chicken cutlets, sunday sauce, pecorino, mozzarella, Italian parsley

18 22 24 28

Grandpa's Pizza Grandma's Sauce, Fresh mozzarella, pecorino romano, EVOO, oregano, basil

18 22 25 n/a

A'bruzzio (No Sauce,) chicken cutlet, roasted red peppers, garlic, ricotta, pecorino romano, mozzarella

18 22 25 28

Tomato Basil (no sauce) mozzarella, sliced tomatoes, basil, garlic, oregano, pecorino romano

17 22 24 27

Meat Lover Depperoni, ham, bacon, sausage, meatball, mozzarella, pizza sauce

19 22 26 29

Caprese (NO Sauce) Sliced tomatoes, garlic, basil, shredded mozzarella, fresh mozzarella, & balsamic glaze

17 22 24 27

Four Seasons Artichoke hearts, ham, kalamata olives, mushrooms, mozzarella, Grandma's Sauce & pesto

18 22 26 29

San Remo Grilled chicken, sun-dried tomatoes, tomato, Gorgonzola cheese

18 22 25 28

Vegetarian Black olive, spinach, mushroom, peppers, onions, mozzarella, pizza sauce

18 22 25 28

Bianca (No Sauce), Ricotta, pecorino romano, mozzarella, garlic, parsley

17 22 25 28

Supreme Depperoni, sausage, black olives, peppers, onions, mozzarella, pizza sauce

19 23 26 29

Romano Ham, salami, provolone pinwheels, red onions, mozzarella, topped with basil, pesto & Grandma's Sauce

17 22 25 28

Milano Chicken cutlet, tomato, roasted red peppers, Fresh mozzarella, basil, balsamic glaze

19 22 26 29

Bensonhurst (No Sauce), Sausage, red onions, mixed peppers, mozzarella, basil, balsamic glaze

17 22 25 28

CHILDREN'S MENU

12 & Under

Chicken parmigiana w/ spaghetti (13)

Spaghetti & meatballs (9)

Chicken fingers & fries (10)

Penne w/ butter (7)

Baked ziti (9)

TAKE-HOME SAUCES

Sunday sauce	Pint 6	Quart 9
Marinara	Pint 7	Quart 10
Meat sauce	Pint 8	Quart 11
Marsala	Pint 9	Quart 15
Vodka sauce	Pint 9	Quart 15
Alfredo	Pint 9	Quart 15
Bolognese	Pint 9	Quart 15
Clam	Pint 12	Quart 17

BEVERAGES & DESSERTS

Glass of Wine 6	Crème brûlée cheesecake 8
Imported Beer 5	Espresso 3
Domestic Beer 4	Double Espresso 5
2 Liter 4	Cappucino 5.50
Cannoli 6	Coffee 2.75
Tiramisu 8	

STROMBOLI

Arthur Avenue Stromboli

Meatball, sausage, ricotta, sunday sauce, pecorino romano & mozzarella 14

Original Stromboli

Ham, salami, pepperoni, provolone, pecorino romano & mozzarella 13

Pepperoni Stromboli

Pepperoni, pecorino romano & mozzarella 13

Spinach Stromboli

Spinach, garlic, pecorino romano & mozzarella 11 add chicken 5

Broccoli Stromboli

Broccoli, garlic, pecorino romano & mozzarella 11 add chicken 5

Sausage & Pepper Stromboli

Sausage, mixed peppers, onions, pecorino romano & mozzarella 11

Meatball Parmigiana Stromboli

Sliced homemade meatballs, sunday sauce, pecorino romano & mozzarella 11

A'bruzzio

Chicken cutlet, roasted red pepper, garlic, ricotta, pecorino romano & mozzarella 14

Chicken Parmigiana

Golden fried chicken cutlet, sunday sauce, pecorino romano & mozzarella 13

CALZONES

Ricotta, mozzarella & pecorino romano 13

Additional toppings each 1

Additional premium toppings each 1.5

Check pizza toppings for choices